

**List of Resources in Our Communities/  
Lista de Recursos en Nuestras Comunidades**  
**Carolyn Kordich Family Resource Center**  
**Centro de Recursos Familiares**



**Harbor City, Harbor Gateway, Lomita,  
San Pedro, Wilmington and Carson**

**Our mission** is to offer emotional, informational and educational support to expectant parents and families of children, ages 0 - 3 who have disabilities or who are at risk for disabilities, in order to enable these families to make knowledgeable and appropriate decisions for their infants and toddlers.

**Nuestra misión** es ofrecer apoyo emocional, información y educación a futuros padres y familias de niños edades 0-3 años que tienen discapacidades o que creen el riesgo de discapacidad, para permitir a estas familias tomar decisiones apropiadas y bien informadas y adecuadas para sus bebés y niños pequeños.



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**Disabilities Resources/ Recursos para Familias con Incapacidades.**



**Carolyn Kordich Family Resource Center/Centro de Recursos Familiares**  
1135 W. 257<sup>th</sup> St., Harbor City 310-325-7288  
[Ckfrc.org](http://Ckfrc.org)



**Harbor Regional Center/Centro Regional de Harbor**  
21231 Hawthorne Blvd., Torrance 310-540-1711  
[Harborrcc.org](http://Harborrcc.org)

**Harbor Regional Resource and Assistive Technology Center/Centro de Recursos y de Tecnología Auxilia** 310-543-0691



**Westside Family Resource Empowerment Center/Centro de Potenciación de Recursos Familiares**  
Special Education Resources for ages 3 - 21/Recursos de Educación Especial para las edades 3-21.  
5901 Green Valley Circle, Culver City 310-258-4063  
[Wfrec.org](http://Wfrec.org)



**TASK- Team of Advocates for Special Kids/Equipo de Familias abogantes para Niños con Necesidades Especiales**  
100 W. Cerritos Ave., Anaheim 714-533-8275  
[Taskca.org](http://Taskca.org)/[emailtask@taskca.org](mailto:emailtask@taskca.org) 866-828-8275



**Federal Benefits and Social Security**

**Social Security Disability Benefits/SSI Para Beneficios** 800-772-1213  
[Socialsecuritybenefits.org](http://Socialsecuritybenefits.org)



**CCS-California Children Services/Servicios para Niños de California** 800-288-4584  
[California Children's Services.org](http://California Children's Services.org)

**CCS San Pedro Ernest P. Willenberg Special Education Center/Centro De Educacion Especial** 308 Weymouth Avenue San Pedro 310-833-9528

**Children's Speech Care Center/Centro de Lenguaje para Niños** 3521 Lomita Blvd., Suite 201, Torrance 310-856-8528  
[Childspeech.net](http://Childspeech.net)



**Pediatric Therapy Network Early Head Start/Educación Temprana** 1815 W 213<sup>th</sup> St. Torrance 310-328-0276  
[Aracelie@ptnmail.org](mailto:Aracelie@ptnmail.org)



**Autism Society Of America/ Sociedad de Autismo de America Mailing List** P.O. Box 15247 Long Beach, CA 90815  
Telephone/warmline available 9am-7pm 562-665-5496  
Toll-Free 800-869-7069  
[www.autism-society.org](http://www.autism-society.org)



**Childrens Institute/Instituto para Ninos**  
19700 S Vermont Ave. Suite 250, Torrance  
**213-252-5800**

**Star View Community Services**  
30070 S. Crenshaw Blvd., Suite E100, Torrance  
**310-787-1500**  
100 E. Wardlow RD, Long Beach **562-427-6818**  
649 E. Albertoni St #100, Carson **310-436-9300**

**\*\*Appointment is required/se require cita\*\***

**For the Child /Para el niño**  
4001 Long Beach Blvd., Long Beach **562-427-7671**  
**Forthechild.org**

**Programs for Children with Low Incidence  
Challenges /Programas para Ninos con Condiciones  
Médicas que no ocurren frecuentemente**



**LAUSD Infant & Pre-School Support  
Services/Servicios de Apoyo para Infantes y Niños  
de Edad Preescolar del Distrito Unificado de Los  
Angeles**  
333 S. Beaudry Ave - 16<sup>th</sup>, Los Angeles  
**213-241-4713**

**Lausd.edd.gov**

**Foundation for the Junior Blind/Fundación para los  
Niños /Jóvenes Ciegos**  
5300 Angeles Vista Blvd., Los Angeles  
**323-295-4555**  
Toll free: **800-352-2290**  
**juniorblind.org**

**Braille Institute/Instituto de Braille Child Services**  
741 N Vermont Ave., Los Angeles **323-663-1111**  
**www.brailleinstitute.org** Fax: **323-663-0867**  
[la@brailleinstitute.org](mailto:la@brailleinstitute.org)

**Support Groups/Grupos de Apoyo**

**Carolyn Kordich Family Resource Center/Centro de  
Recursos para Familias**

Monthly Support group for parents/ caregivers of  
young children with special needs  
Second Tuesday of the month  
Self- Advocacy Support Group  
First Thursday of the month  
For more information please call **(310) 325-7288**



**Miller Children's Hospital**

**Unidad Y Fuerza-Solo en Español**  
2801 Atlantic Ave., Long Beach  
Cada cuarto miércoles de 6:30-8:30pm  
Llame a Martha **562-933-8045**

**Autism Society of America - Los Angeles  
Chapter/La Sociedad Americana acerca del  
Autismo**  
Prisk Elementary School  
2375 Fanwood Ave., Long Beach  
Contact person: Caroline Wilson **562-425-2292**  
Call for Resources and Information.

**Los Angeles Asperger Syndrome Parent Support  
Group/Grupo de Padres con Niños con Síndrome de  
Asperger.**  
Meet on 2nd Wednesday of the month at  
Vista Del Mar  
3200 Motor Ave., Los Angeles 90034  
In the Outpatient Counseling Center  
Referred to as Julia Ann Singer  
Free and no RSVP necessary  
[www.laasperger@gmail.com](mailto:www.laasperger@gmail.com)  
[myweb.mu.edu/jdevine/as](http://myweb.mu.edu/jdevine/as)  
E-Mail: [beadsme@verizon.net](mailto:beadsme@verizon.net)  
Call for information./Llame para pedir Información  
**310-636-0101**

**United Cerebral Palsy/Spastic Children's Foundation**  
UCP of Los Angeles & Ventura Counties  
7630 Gloria Avenue Van Nuys, CA, 91400  
Call/llame **818-782-2211**  
E-mail: [ucpla@aol.com](mailto:ucpla@aol.com)

**Harbor Regional Center/ Centro Regional de Harbor**

21231 Hawthorne Blvd., Torrance, CA 90503  
Parenting Connections (310) 543-0611  
Support Group

\*for all parents of HRC Clients of all ages and all diagnosis\*

Down Syndrome Family (310) 543-7980  
Support Group

Chinese Family (310) 5437951  
Support Group

Japanese Parent (310) 543- 0143  
Support Group (310) 792-4562

Korean Parent Group (310)792-4542  
(310) 792-4742

Cambodian Family (310) 792-4718  
Support Group (310) 543-4521  
(310)792-4591

Unidad y Fuerza (310)792-4725  
Spanish Speaking Family (310) 543-0623  
Support Group

Sibling Club \*For more information  
For Siblings of HRC clients please contact your  
Ages 6-16 years HRC service coordinator

**Medical Services, Hospitals and Clinics/ Servicios Médicos/ Hospitales y Clínicas**



**FIRST 5/Los Primeros 5**

**888-347-7855**

**Los Angeles County Health and Nutrition hotline  
877-597-4777**

**Children's Medical Services  
Health Services Department/Departamento de  
Servicios Médicos  
800-288-4584**

**Child Health and Disabilities/Salud y Incapacidades de Niños**

**CHDP 800-993-2437**

**Harbor UCLA Family Medicine Clinic  
310-534-7600**

**Medical/-UCLA 310-222-3012**

**Healthy Families 888-747-1222**

**Hospitals/Hospitales**

**Harbor UCLA Medical Center/Centro Médico  
1000 W. Carson St., Torrance 310-222-2345**

**Harbor-UCLA Pediatrics, Torrance 310-222-2321**



**Kaiser Permanente Hospital  
25825 S. Vermont Avenue  
Harbor City 310-325-5111**  
• **Psychiatry Dpt./Siquiatría 310-325-6542**

**San Pedro Peninsula Hospital  
1300 W. 7<sup>th</sup> Street  
San Pedro 310-832-3311**

**800-618-6659**  
• **Education Department 310-241-4067**



**Torrance Memorial Medical Center  
3330 W. Lomita Blvd  
Torrance 310-325-9110**  
[www.torrancememorial.org](http://www.torrancememorial.org)

**Clinics/Clínicas**

**Harbor UCLA Family Medicine Clinic**  
• **Healthy Families/Familias Saludables  
310-534-7600**

**Wilmington Health Center**  
1325 Broad Ave., Wilmington 310-518-8800

**Women's Health Care Clinic**  
310-222-3723  
21840 S. Normandie Ave., Suite 1300, Torrance  
Must call for apt/Llame para obtener cita  
310-222-3713

**Torrance Pediatrics/Pediatras de Torrance**  
3446 Lomita Blvd Suite 136 310-539-0400

**Dr. Winnie Cheung Pediatrician/Dr. W. Cheung**  
**Pediatra**  
3655 Lomita Blvd, Torrance 310-406-3808

**County Hospitals/Clinics information line**  
**Hospitales del Condado y línea de informe de**  
**clínicas** 800-427-8700

**Assistance League of San Pedro/Liga de Asistencia**  
**de San Pedro**  
1441 W. 8<sup>th</sup> St., San Pedro  
**Sanpedrosouthbay.assistanceleague.org**  
**alsp-sb@sbcglobal.net**

310-832-8355  
Fax: 310-832-8460

**Harbor UCLA**  
1403 W. Lomita Blvd., Suite 200, Harbor City  
310-534-7600

**Harbor Community Clinic/Clínica Grátis**  
593 W. 6<sup>th</sup> St., San Pedro  
• For appointments/para citas 424-570-6431  
**www.harborcommunityclinic.com** 310-547-0202

**Harbor Community Clinic**  
731 S. Beacon St., San Pedro  
For appts: 424-296-0366

**Wilmington Free Clinic/Clínica Grátis**  
1009 N. Avalon Blvd., Wilmington 310-549-5760

**Wilmington Health Center**  
1325 Broad Ave., Wilmington 310-404-2040  
For appts 310-404-2040

**Mi Pueblo**  
131 W. Anaheim St., Wilmington 310-518-5441

### Dentist/Dentistas



**Assistance League of San Pedro for children/Liga**  
**de Asistencia para niños**  
1441 W. 8<sup>th</sup> St., 2<sup>nd</sup> Floor, San Pedro 310-832-5295

**Harbor UCLA Dental**  
**Oral & Maxillofacial Surgery/Cirujía Oral**  
1000 W. Carson, Torrance 310-222-3493

**The Children Dental Health Clinic/**  
**Clínica Dental para Niños**  
455 E Colombia St., Long Beach  
[www.cdhc.org](http://www.cdhc.org) 562-933-3141

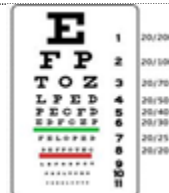
**South Bay Children's Dental Center/Centro Dental**  
**para Niños**  
1585 W. Sepulveda Blvd, Suite A, Torrance  
310-539-2773

**UCLA Dental Center/Centro Dental de UCLA**  
310-825-2337

**San Pedro Dental Care/Cuidado Dental en San Pedro**  
520 W. 7th St., San Pedro  
**Sanpedrodentalgroup.com** 310-832-5361

**San Pedro Pediatric Dentistry/Dentista Infantil**  
1411 W. 7th St., Suite C, San Pedro  
**www.sanpedropediatricdentist.com** 310-831-8861

### Eye Exams



**South bay Family Health Care Center**  
23430 Hawthorne Blvd., Suite 210, Torrance  
**www.sbshc.org** 310-802-6172

**Additional Health Related Services-Servicios  
adicionales relacionados con la Salud**

**Healthy Families**

Healthyfamilies.org 888-747-1222

**Children's Health Insurance Program (CHIP)**

1-800-318-2596

**Community Health Councils/Concilios para la Salud  
en la Comunidad**

All of Los Angeles/Todo Los Angeles

- ABC Project-3731 Stocker St., Suite 201  
323-295-5500

**Providence Little Company of Mary-Wellness  
Activity Center/Centro de Bien Estar**

470 Hawaiian Ave., Wilmington  
Rafael Garcia 310-303-5089

**California Department Health Care Services**

**General Contact 916-445-4171**

**LA County Childrens Medical Services**

9320 Telstar Ave., Suite 226, El Monte  
Call for more information /para más información  
800-288-4584

**Mental Health/Salud Mental**

**LA County Mental Health-Psychiatrists,  
psychologists, clinics/Siquiatras, sicólogos, clínicas  
800-854-7771**

**Behavioral Health Services, INC./Servicios Para  
Comportamiento Saludable**

1318 n. Avalon Blvd #A Wilmington 90744  
310-549-2710

**Harbor UCLA Adolescent Psychiatric Unit/Psiquiatría  
para Adolescentes**

1000 W. Carson, Torrance 310-222-3151

**Harbor View House**

Counseling for Adults/Consejeria para adultos  
921 S. Beacon St., San Pedro 310-547-3341

**Rainbow Services**

Provide services for battered mothers and their children.  
Servicios para madres maltratadas y sus hijos  
453 W. 7<sup>th</sup> Street  
San Pedro, CA 90731 310-548-5450

**SBCC Thrive LA/ South Bay Center for  
Counseling/Centro de Consejería**

540 Marine Ave., Wilmington 310-414-2090

**South Bay Child Guidance Center/Centro de Consejería  
y Orientación para Niños**

1617 Cravens Ave., Torrance  
www.sbchc.com 310-328-0855

**Mental Health Urgent Care Center/Centro de  
Urgencias para la Salud Mental**

6060 Paramount Blvd., Long Beach 562-790-1860

**Children's Institute, Inc./Instituto Internacional  
de Niños**

21810 Normandie Ave., Torrance 310-783-4677

**NCADD/Family Preservation/ Preservación Familiar**

1334 Coast Ave., Torrance  
Bhs/inc.org 310-328-1460

**Ties For Families-South Bay 310 533-6600**

21081 Western Avenue Suite 295 Torrance

**Early Education Supports/Apoyo  
Educativa Temprana**

**Universal Pre-School Programs Early Education  
(LAUP)/Educación Temprana**

515 S. Figueroa st #900, Los Angeles 90017  
213-416-1200

**Hawaiian Early Education Center/Centro de  
Educación Temprana**

501 Hawaiian Ave., Wilmington 310-834-7186



**Volunteers of America/Voluntarios de América  
Head Start /Comienzo Adelante**

- Home Based /Servicio en Casa

310-530-7082

**Volunteers of America Early Head Start Program /  
Voluntarios de America, Programa de E H.S.**

1081 W. 257th St., Harbor City

- Center Based/Servicio en el Centro

310-257-6892



**Learning Center/Centro de Aprendizaje**

24027 Pennsylvania Ave., Lomita 310-326.5843

**Good Beginnings Center/Centro de Buen Comienzo**

21503 Prospect Ave., Long Beach 310-835-2049

**YMCA - San Pedro**

301 S. Bandidni St., San Pedro 310-832-4211

**YMCA - Gardena/Carson**

1000W. Artesia Blvd., Gardena 310-523-3470

**YMCA - Wilmington**

1121 N Avalon Blvd., Wilmington 310-522-2100

**Boys & Girls Club - Harbor City**

1220 W. 256<sup>th</sup> St., Harbor City 310-534-0056



**LAUP**

Carson, CA 90745

Ervin-Morgan Family Child Care 310-345-8395

**Learning Center/ Recreation Center**

24027 Pennsylvania Ave., Lomita

cdcla.org 310-326-5843

**Harbor Hills Early Education Center**

1874 Palos Verdes Drive North, Lomita

310.833.6721

**Park Western Place Children's Center/Centro para Niños**

1220 Park Western Place, San Pedro 310-833-2875

**Child Development Center**

769 w 3<sup>rd</sup> St., San Pedro

Contact Roberta Ramirez 310-514-4999



**Child Care/Cuidado para Niños**

**Crystal Stairs Child Care Info and Referral/  
Cuidado para Ninos y Referencias**

5110 W. Goldleaf Circle, Los Angeles, Ste. 150

323-421-1029

**Other Educational Resources/  
Otros Recursos Educacionales**



**BOYS & GIRLS CLUBS  
OF AMERICA**

Boys and Girls Club Harbor City 310-534-0056

Boys and Girls Club Wilmington 310-549-8323

Boys and Girls Club Carson 310-522-0500

Boys and Girls Club San Pedro 310-514-9808

**Harbor City Park/After School Program**

24901 Frampton Ave., Harbor City 310-548-2676

**ChildCare/Recreation/Cuidado de Niños y  
Recreación Infantil**



**Boys & Girls Club/ Wilmington/Club para Niños y Niñas**  
1444 W. "Q" St., Wilmington 310-549-8323

**Boys & Girls Club/Harbor City/Club Niños y Niñas**  
1220 West 256<sup>th</sup> St., Harbor City/Harbor Gateway  
310-534-0056

**Parks/Parques**

**Wilmington**

**Wilmington Town Square Park** 310-548-7519  
Avalon Square and I St.

**Wilmington Park**  
1419 E. Young St. 310-518-3207

**Banning Park**  
1331 Eubank Ave. 310-548-7776

**Waterfront Park** 310-732-7678  
1004 C St.

**Wilmington Rec. Center**  
325 N. Neptune Ave. 310-548-7645

**San Pedro**

**San Pedro Plaza Park**  
7000 S Beacon St. 323-255-0370

**Martin J. Bogdanovich Park**  
1920 Cumbre Drive 310-548-7590

**Averill Park**  
1300 S Dodson Ave. 310-832-7328

**Peck Park**  
560 N. Western Ave. 310-548-7580

**Deane Dana Friendship Community**  
Regional Park & Nature Center  
1805 W. 9<sup>th</sup> St. 310-519-6115

**Leland Park**  
863 S. Herbert Ave. 310-548-7706

**Harbor Highlands Park**  
825 Capitol St. 310-548-7598

**Rena Park**  
510 Leland Ave. 310-548-7598

**Bandini Canyon Park**  
W. Sepulveda St., between Bandini St. & Marshal  
Court 310-548-7598

**Alma Park**  
W. 21<sup>st</sup>. & Meyler St. 310-548-7598

**Angel's Gate Park**  
3701 Gaffey St. 310-548-7705

**Point Fermin Park**  
807 Paseo Del Mar 310-548-7705

**Field of Dreams**  
501 Westmont Dr.  
Corner of Gaffey St. and Westmont Dr.  
213-978-4670

**Harbor City**

**Harbor City Park**  
24901 Frampton Ave. 310-572-7729

**Harbor Regional Park**  
25820 Vermont Ave. 310-548-7676

**Lomita**

**Lomita Park/Recreation Center**  
24428 Eshelman Ave 310-326-0140

**Lomita Railroad Museum**  
2137 W 250<sup>th</sup> Street 310-326-6255

**Family Planning/Planamiento Familiar**

**Harbor Community Clinic/Clínica Grátis de Harbor**  
595 W. 6<sup>th</sup> St., San Pedro 310-547-0202

**List of National Associations/  
Lista de Sociedades Nacionales**

**American Cancer Society/Sociedad Americana del  
Cancer**  
[www.cancer.org](http://www.cancer.org) 562-437-0791

**American Diabetes Association/Sociedad Americana  
de la Diabetes** 323-966-2890

**American Heart Association/Sociedad Americana del  
Corazón** 213-291-7000

**American Academy of Pediatric Dentistry/Academia  
Americana de Odontología Pediátrica**  
aapd.org

**American Speech, Language, Hearing Association /  
Asociación Americana del Discurso, Lenguaje y  
Audición**  
[www.ninds.nih.gov](http://www.ninds.nih.gov) 800-638-8255

**Asthma & Allergy Foundation of America/Fundación  
de America de Asma y Alergias** 800-624-0044  
[www.aafa.org](http://www.aafa.org)

**Epilepsy Foundation of Greater Los Angeles/  
Fundación de la Epilepsia de Los Angeles**  
5777 W. Century Blvd., Ste. 820, Los Angeles  
[www.epilepsycalifornia.org](http://www.epilepsycalifornia.org)  
[www.END-EPILEPSY.ORG](http://www.END-EPILEPSY.ORG) 310-670-2870

**National Down Syndrome Society Hotline/Línea de la  
Sociedad Nacional de Síndrome de Down**  
[www.ndss.org](http://www.ndss.org) 800-221-4602

**National Easter Seals Society/Sociedad Nacional de  
Easter Seals**  
[www.easterseals.com](http://www.easterseals.com) 800-221-6827

**Los Angeles Learning Disabilities Association/  
Asociación de discapacidades de Aprendizaje**  
P.O.Box 1067, Sierra Madre 626-355-0240

**United Cerebral Palsy Association/Asociación Unida de  
Parálisis Cerebral**  
[www.upc.org](http://www.upc.org) 800-872-5827

**Nutrition/Nutrición**



**WIC- Women's Infants and Children's  
Supplemental Food  
Program** 888-942-2229

- **San Pedro Location**  
312 N. Gaffey St.
- **Wilmington Location**  
125 E. Anaheim St.
- **Carson Location**  
860 E. Carson St.

**SNAP Hotline-Supplemental Nutrition Assistance  
Program (formerly Food Stamps)/Linea Directa  
para el Programa de Asistencia de Nutrición  
Suplementaria (anteriormente conocido como  
cupones de alimentos)**  
[www.fns.usda.gov/snap](http://www.fns.usda.gov/snap) 800-221-5689

**Harbor Interfaith/Entre todas Fé Religiosas**  
670 W. 9th St., San Pedro 310-831-9123

**LA County Environmental Health División/Salud  
Ambiental** 888-700-9995

**Communicable Disease Reporting Unit (Food  
Poisoning)/ Para Reportar Comida Envenenada**  
[Lapublichealth.org](http://Lapublichealth.org) 213-240-7821

**Education/Educación**

**Adult Education/Educación para Adultos**

**Banning -Marine Ave. Adult Learning  
Center/Centro para el Aprendizaje**  
1468 N. Marine Ave., Wilmington 310-549-7880

**Harbor Community Adult School/Escuela para  
Adultos en la Comunidad**  
950 W. Santa Cruz St., San Pedro 310-547-4425

**Harbor Occupational Center /Centro Ocupacional**  
740 N. Pacific Ave., San Pedro 310-547-5551

**LA Harbor Community College/Colegio Comunitario**  
 1111 Figueroa Place  
 Also offer Basic Skill Classes /Tambien se ofrece  
 Clases de Habilidades Básicas  
[www.lahc.edu](http://www.lahc.edu) 310-233-4000

**San Pedro-Wilmington Skills Center/Centro de  
 Habilidades**  
 920 W.6<sup>th</sup> St., Bldg. 950, San Pedro 310-831-8868

**Libraries/Bibliotecas**



**Carson Library**  
 151 E. Carson St., Carson  
[www.colapublib.org/libs/carson](http://www.colapublib.org/libs/carson) 310-830-0901

**Harbor City/Harbor Gateway Library**  
 1555 Sepulveda Blvd., Torrance 310-534-9520

**Lomita Library**  
 24200 Narbonne Ave., Lomita  
[www.colapublib.org/libs/lomita](http://www.colapublib.org/libs/lomita) 310-539-4515

**San Pedro Library**  
 931 S. Gaffey St., San Pedro  
[www.lapl.org/branches/sanpedro](http://www.lapl.org/branches/sanpedro) 310-548-7779

**Dr. MLK Jr. Library**  
 17906 S. Avalon Blvd., Carson 310-327-4830

**Wilmington Library**  
 1300 N. Avalon Blvd., Wilmington  
[www.lapl.org/branches/wilmington](http://www.lapl.org/branches/wilmington) 310-834-1082

**Library Reading Programs:/Programa de Lectura  
 Infantil**

**Carson**  
 310-830-0901

**Harbor City/Harbor Gateway**  
 310-539-4515

**San Pedro**  
 310-548-7779

**Wilmington**  
 310-834-1082

**Lomita**  
 310-539-4515

**Parenting Classes/Clases Para Padres**

**Carson Family Resource Center/Centro de Recursos  
 Familiares**  
 340 w. 224<sup>th</sup> St., Carson 310-513-8070

**NCADD/Family Preservation**  
 1334 Post Ave., Torrance 310-328-1460

**South Bay Center for Counseling/  
 Family Preservation**  
 540 N. Marine Ave., Wilmington 310-414-2090

**YWCA**  
 437 w. 9<sup>th</sup> St., San Pedro 310-547-0831

**Toberman Neighborhood Center**  
 131 N. Grand Ave., San Pedro 310-832-1145

**HELP LINES/Líneas de Ayuda**

**National Abortion Federation/Federación Nacional  
 de Abortos**  
[www.prochoice.org](http://www.prochoice.org) 800-772-9100

**Alcohol and Drug Abuse Information/Información  
 acerca del Alcohol y las Drogas** 800-564-6600

**Birth Certificates/Certificados de Nacimiento**  
 LA County Registrar  
 12400 Imperial Hwy., Norwalk 562-929-5511

**Child Abuse Hotline /Linea contra el Abuso de  
 Niños** 800-540-4000

**Child Abuse Reporting/Reporte de Abuso de Niños**  
 Los Angeles Count District Attorney's Office

**Distrito de Abogacía del Condado de Los Angeles**

**800-540-4000**

**Domestic Violence/Violencia Doméstica**

**800-799-7233**

**Drug Hot Line/Línea Directa de Drogas**

**800-662-2878**

**Emergency Services/Servicios de Urgencia**

**911**

**Family Anonymous/Familias Anónimas**

**800-736-9805**

**Family Crisis Center South Bay/Centro para Familias en Crisis (part of 1736 Family Hot Line/Parte de 1736 Family Hotline)**

• **English** **310-379-3620**

• **Español** **213-758-6434**

**Family Voices/Voces de Familias** **888-835-5669**

**Food and Milk Program/Programa de Alimentos y Leche** **626-430-5400**

**Health Helpline-LA County/Línea de Ayuda de Salud** **800-427-8700**

**Information Hot Line/Línea Directa de Información AKA 211** **310-603-8962**

**211**

**Joint Efforts/Esfuerzos Juntos**

**590 W. 8th. St. San Pedro** **310-831-2358**

**National Council on Alcohol & Drugs South Bay/Consejo Nacional de Drogas y Alcohol**

**310-328-1460**

**Poison Control/Control de Intoxicaciones**

**800-876-4766**

**Prenatal Care Guidance Information/Información de Guía de Control Prenatal** **800-422-2968**

**Suicide Prevention Program/Programa de Prevención del Suicidio** **310-391-1253**

**Wilmington Behavioral Health Services (BHS)**

**Center/Centro de Servicios de Salud Mental**

**1318 N. Avalon Blvd., Wilmington** **310-549-2710**

**Teen Line /Línea de Emergencia para Jóvenes en Crisis**

**310-855-4673 (HOPE)**

**800-TLC-TEEN**

**Community's Child - Offers Mothers and their children homeless and mental health services/Ofrecen a las madres y sus hijos los servicios de vivienda y salud mental**

**25520 Woodward Ave., Lomita**

[info@cchild.org](mailto:info@cchild.org)

**310-534-4040**

### **Recreation/Recreación**

**Lomita Park & Recreation/Parque y Recreación**

**24428 Eshelman, Lomita**

**310-326-0140**

**Banning Outdoor Pool/Piscina al aire libre**

**1450 N. Avalon Blvd., Wilmington**

**310-548-7420**

**Peck Park/Parque**

**560 N. Western Ave., San Pedro**

**310-548-7580**

**Wilmington Park Childrens Center/Centro de Niños**

**1419 E. Young St., Wilmington**

**310-518-3207**



**Wilmington Recreation Center/Centro de Recreación**

**325 Neptune Ave.**

**310-548-7645**

**Harbor City Recreation Center/Centro de Recreación**

**24901 Frampton Ave.**

**310-548-7729**

**Dominquez Aquatic Center/Centro de Acuático Dominquez**

**21330 S. Santa Fe Ave., Carson**

**310-835-0212**

**x-1465 or x-1470**

**So. CA Special Olympics/Olimpiadas Especiales**

1600 Forbes Way, Suite 200, Long Beach  
[www.sosc.org](http://www.sosc.org) 562-502-1100

#### Other Resources/Otros Recursos

Alcoholism Center for Women/Centro de Alcoholismo para Mujeres 213-381-8500

DPSS Dept. of Public Social Services (AFDC, Cal-Works, Medi-CAL & Food Stamps)/Departamento de Servicios Sociales Públicos  
211 E. Alondra Blvd., Compton 866-613-3777

Social Security Administration/Seguro Social  
22600 Crenshaw Blvd., Torrance 800 772-1213

Cal Works/California Trabaja English 866-613-3777

#### Emergency Food, Clothing/Alimentos y Ropa de Emergencia

Assistance League of San Pedro/Liga de Asistencia  
1441 W. 8<sup>th</sup> St. 310-832-8355

#### Housing Information/Información de Vivienda

Harborview Apartments  
1286 W. Capitol Drive, San Pedro 310-833-1131

The Palm Apartments /Apartamentos La Palma  
498 W. 13<sup>th</sup> St., San Pedro 310-547-4183

Harbor Interfaith Services  
663 W. 10<sup>th</sup> St., San Pedro  
Administration 310-831-0603  
Services 310-831-9123

#### Legal Resources /Recursos Legales

Client's Rights Office/Oficina de Derechos del Cliente 800-390-7032

Community Legal Services/Servicios Legales de la Comunidad 310-638-6194

U.S. Citizenship & Immigration Services/Servicios de Inmigración y Ciudadanía de los Estados Unidos  
800-375-5283

Legal Aid Foundation/Fundación de Asistencia Legal  
110 Pine Ave., Suite 420, Long Beach 562-435-3501

Area Board 10/La Mesa Directiva del Area #10 (Los Angeles)  
411 N. Central Ave., Suite 620, Glendale  
[areaboard10.org](http://areaboard10.org) (818) 543-4631

Fax: (818) 543-4635

Disability Rights California/ Derechos de los Discapacitados 213-427-8747

#### Support Services/Servicios de Apoyo

Emergency Numbers/Numeros de Telefonó de Urgencia

#### Police Department/Policia

City of Carson  
21356 S. Avalon Blvd. 310-830-1123

Lomita Sheriff  
26123 Narbonne Ave. 310-539-1661

City of Wilmington, San Pedro & Harbor City  
2175 John S. Gibson Blvd., San Pedro 310-726-7706

#### Fire Department/Central de Bomberos

Harbor City  
1331 W. 253<sup>rd</sup> St. 310-548-7585

Wilmington  
124 E. 'I' St. 310-548-7538

San Pedro

- 1005 N. Gaffey St. 310-548-2836
- 1414 W. 25<sup>th</sup> St. 310-548-7501
- 444 S. Harbor Blvd. 310-548-7542



[211 Los Angeles](http://www.211la.org)

**Earthquake Preparedness** Information Public Health Information Emergency **Preparedness** ... Emergency Network **Los Angeles** (ENLA) is a network of **Los Angeles County** /Información de preparación de Terremoto

[www.infoline-la.org/](http://www.infoline-la.org/)

**Disaster Preparedness at Earthquake Store/Tienda de Preparación para un Desastre**

675 S. Glenwood Place, Burbank      **888-442-2220**

**Employment/Empleo/Trabajo**



**People Keepers**

2049 Pacific Coast Hwy., Lomita      **310-326-2833**

**Arm Staffing Services**

2401 E Pacific Coast Hwy., Wilmington  
**562-432-3101**

**Harbor Gateway Work Center (Employment Development Center)/Centro de Desarrollo de Empleo**

**310-834-3481**

